

Proper Way to Put on and Remove General-Purpose Face Mask



Follow these tips for the proper way to wear a mask to help minimize the spread of germs and respiratory droplets.

How to Put on Face Mask



Clean your hands with soap and water or hand sanitizer before touching the mask.

Remove mask from packaging, touching only the ear loops.

Holding mask by loops, make sure nosepiece is on top, and place loops around ears.

Expand pleats to make sure mask is covering your nose, mouth and chin. Press the nosepiece as needed for proper fit.

Clean your hands with soap and water or hand sanitizer before and after any adjustments. Replace disposable mask daily. Replace immediately if visibly soiled or damaged.

How to Remove Face Mask



Clean your hands with soap and water or hand sanitizer before touching the mask.

Make sure not to touch the front of the mask. Hold both ear loops to lift and remove the mask.

Throw the mask in the trash.

Clean your hands with soap and water or hand sanitizer.